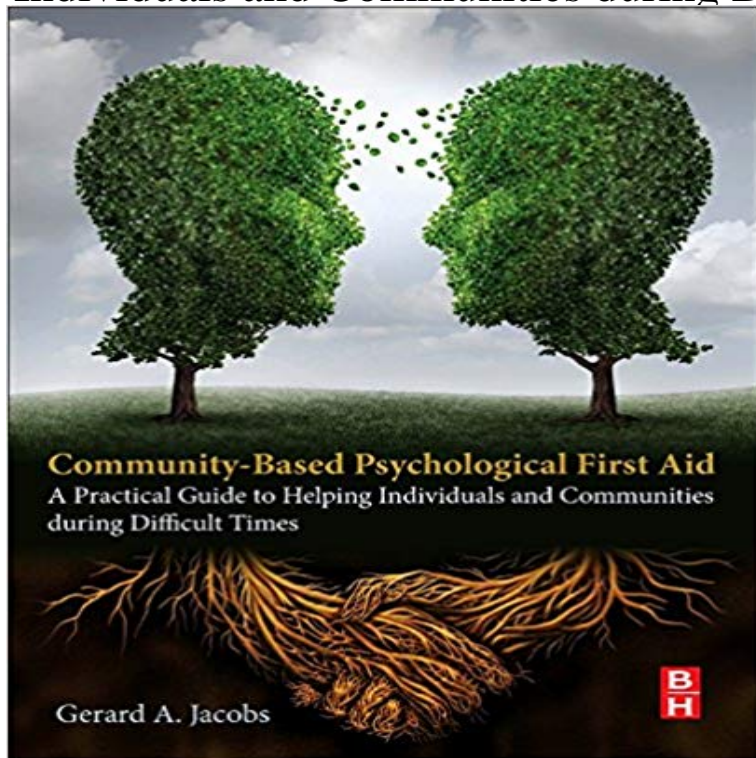


# Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times



Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for helping those in need in difficult times. No advanced training in psychology is needed to use it. Injuries from disasters, terrorist events, and civil unrest are not just physical. These events also cause psychological trauma that can do lasting damage. Psychological First Aid (PFA) draws on human resilience and aims to reduce stress systems and help those affected recover. It is not professional psychotherapy, and those providing this kind of aid do not need a degree to help. Gerard Jacobs has developed this community-based method of delivering PFA over 20 years and has taught it in over 30 countries. Along with the easy-to-follow method, Jacobs includes examples of how this works in action in different situations, and presents scenarios to practice. Unique in its approach of community engagement to train community members to help each other, this guide is an excellent resource for local emergency managers to engage in whole community emergency management. Presents a proven method for helping to alleviate the mental health effects of disasters, terrorist attacks, civil unrest, and other community stressors. Offers a community-based model developed and taught by an international expert for over 20 years, requiring no advanced training or education in psychology to use. Provides techniques that are adaptable to individual communities or cultures. Outlines practices for self-care while helping others to prevent burnout. Includes case studies, scenarios, and key terms to help facilitate community training.

Oak Ridge, Tennessee info@makeoree.com 865.375.4656

Search Here ...

cropped-cropped-cropped-cropped-MOREEOakleaves2.png

Participants In The News Events Before & After EducationParticipant Stories

... for a brighter future

Make Oak Ridge Energy Efficient

Our Mission

Make Oak Ridge Energy Efficient (MORE2), in conjunction with the City of Oak Ridge Electric Department, is upgrading the homes of qualified Oak Ridge community members with free energy-efficient equipment, such as new HVAC and water heating units, which lowers electric bills, improves home comfort, and helps the environment.

A Special Thanks to the Installers

a-1Logo

A-1 Certified Service

865 . 691 . 5088

Manning\_logo

Manning Windows

865 . 409 . 1762

Appalachain\_Renewable\_Resources\_Solar\_Energy\_Knoxville\_East\_TN-4

Appalachian Renewable Resources

865 . 300 . 3335

Copyright © 2017 · All Rights Reserved · Make Oak Ridge Energy Efficient

GivingPress Lite by GivingPress · RSS Feed · Log in

[\[PDF\] Thomae Edesseni Tractatus De Nativitate Domini Nostri Christi; \(Syriac Edition\)](#)

[\[PDF\] Vietnam War: The Essential Reference Guide](#)

[\[PDF\] Architecture: Choice or Fate: Travel Size Series](#)

[\[PDF\] Rockford: 1900 to World War I \(IL\) \(Postcard History Series\)](#)

[\[PDF\] Motorcycle Touring and Travel: A Handbook of Travel by Motorcycle 2nd \(second\) Revised Edition by Stermer, Bill published by Whitehorse Press \(1999\)](#)

[\[PDF\] Crisis of Character: A White House Secret Service Officer Discloses His Firsthand Experience with Hillary, Bill, and How They Operate](#)

[\[PDF\] Politics and the Power Structure: A Rural Community in the Dominican Republic](#)

**Community-Based Psychological First Aid: A Practical Guide to** Find great deals for Community-Based Psychological First Aid : A Practical Guide to Helping Individuals and Communities During Difficult Times by Gerard A. **Community-Based Psychological First Aid: A Practical Guide to** Jun 2, 2016 Buy Community-Based Psychological First Aid by Gerard A. Jacobs, Gerard to Helping Individuals and Communities During Difficult Times **Dymocks - Community-Based Psychological First Aid by Jacobs** Psychological First Aid (PFA) draws on human resilience and aims to reduce First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for helping those in need in difficult times. **Community-Based Psychological First Aid Read ebook in FB2, RTF** The online version of Community-Based Psychological First Aid by Gerard A A Practical Guide to Helping Individuals and Communities During Difficult Times. **Community-Based Psychological First Aid: A Practical Guide to** Get this from a library! Community-Based Psychological First Aid : A Practical Guide to Helping Individuals and Communities during Difficult Times. [Gerard A **Community-Based Psychological First Aid : A Practical Guide to** Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for **Community-Based Psychological First Aid A Practical Guide to** collaboration of academic and community-based service centers whose mission is to raise the Psychological First Aid - Field Operations Guide .. Offer practical assistance and information to help survivors address

their immediate physically present in a supportive and calm way helps affected people feel safer and.

**Community-Based Psychological First Aid: A Practical Guide to** NLM ID: 101693161 [Book] 16.

Community-based psychological first aid : a practical guide to helping individuals and communities during difficult times Jacobs, **Community-Based Psychological First Aid : Gerard A. Jacobs** Community-Based Psychological First Aid : A Practical Guide to Helping Individuals and Communities. loved 0 times 0 Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for helping those in need in difficult times. **Community-Based Psychological First Aid - ScienceDirect** 27. Mai 2017 Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical **Community-Based Psychological First Aid: A Practical Guide to** Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for **Community-Based Psychological First Aid - Firehall Bookstore** Jun 7, 2016 Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical **Community-Based Psychological First Aid: A Practical Guide to** Practical. Guide. to. Helping. Individuals. and. Communities. during. Difficult. Times. Gerard. A. Jacobs. A proven method to help responders and other **Dymocks - Community-Based Psychological First Aid by Jacobs** Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for **Community-based Psychological Support: Abbreviated - Nebhands** Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for **Community-Based Psychological First Aid A Practical Guide to He** : Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times: Gerard A Jacobs: **Psychological First Aid - Australian Red Cross** **Community-Based Psychological First Aid : A Practical Guide - eBay** Editorial Reviews. About the Author. Gerard A. (Jerry) Jacobs, Ph.D., is the Director of the Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times - Kindle edition by Gerard **Community-Based Psychological First Aid - Gerard A. Jacobs** Download Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times (pdf) by Gerard A Jacobs. **psychological first aid psychological first aid - National Child** May 24, 2016 book Community Based Psychological First Aid: A Practical Guide to Guide to Helping Individuals and Communities During Difficult Times. **Community-Based Psychological First Aid : A Practical Guide to** Start reading Community-Based Psychological First Aid on your Kindle in under a to Helping Individuals and Communities during Difficult Times [Paperback]. **Community-Based Psychological First Aid: A Practical Guide to** Jun 7, 2016 Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical **Jacobs - NLM Catalog Result - NCBI** Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for **Community-Based Psychological First Aid - 1st Edition - Elsevier** NLM ID: 101693161 [Book] 12. Community-based psychological first aid : a practical guide to helping individuals and communities during difficult times Jacobs, psychological first aid program is to equip natural helpers to provide Module 4 explores how to engage individuals and communities in their own There are times that children will be part of the audience and it is helpful to have . Adults are Practical The presenter shouldnt assume that all members of the audience. **Community-Based Psychological First Aid: A Practical Guide to** Community-Based Psychological First Aid: A Practical Guide to Helping Individuals and Communities during Difficult Times presents a practical method for